

LUNDI

MARDI

MERCREDI

JEUDI

VENDREDI

-  Club des Entrepreneurs Epanouis
-  Mieux-être
-  Salon & Coworking

SALON & COWORKING
9h30-18h30

RECONNEXION A SOI
19h15-20h30

YOGA HATHA
19h15-20h15

MEDITATION
17h30-18h15

SALON & COWORKING
9h30-18h30

YOGA & WORK
19h-20h

Le Club COACHING REUSSITE
17h30-18h30

Le Club PETIT-DEJ & COWORKING
9h30-12h30

SALON & COWORKING
9h30-18h30

SOPHRO & COACHING
19h-20h

YIN YOGA A LA BOUGIE
17h30-18h30

SALON & COWORKING
9h30-18h30

Le Club COACHING & APERO
18h30-19h30

YOGA KUNDALINI
18h30-19h45

MEDITATION
17h30-18h15

SALON & COWORKING
9h30-17h30

SOPHRO & COACHING
17h30-18h30

YOGA VINYASA DOUX
19h-20h